

## BSc with Honours in Sport and Psychology – 2017 entry

**Duration of programme:** 4 years (where students join the programme in year 1)

**Award on successful completion:** Bachelor of Science with Honours

**Accreditation:** British Psychological Society – eligibility for Graduate Basis for Chartership

**Location of delivery:** Abertay University, Bell Street, Dundee

**Composition of the programme:** 120 SCQF (Scottish Credit and Qualifications Framework) credits in each academic year, delivered in modules of 20 credits each, with 3 modules taken in term 1, and 3 in term 2 each year. In years 1 and 2, students have the opportunity to take modules outside their main subject. The final year includes a 40 credit independent project.

**Contact hours and workload:** Each academic year typically requires 1200 hours of student effort; on average across the 4 years of this programme, 25% of that time is in lectures, seminars and similar activities; the remainder is independent study, which will include time on placement.

**Assessment methods:** Students are assessed by portfolio, reflective logs, case studies, laboratory reports, practical competencies, oral and poster presentations, as well as essays and exam-based assessment.

**Additional costs:** Sport students have to cover the cost of the PVG scheme in order to be able to work with children and vulnerable adults (cost £59 for a new application, £19 for renewal). They also have to purchase Abertay branded sports kit for use in practical sessions and placements. The cost of the basic kit is £90. All costs stated are correct at November 2016.

**Academic staff:** This programme is delivered by staff in the Division of Psychology and in the Division of Sport and exercise Sciences in the School of Social and Health Sciences. Staff profiles can be viewed at <http://www.abertay.ac.uk/studentlife/schools/shs/staff/>

<b>Core modules in the programme:</b>
Introductory Psychology 1
Introductory Psychology 2
Social Psychology
Cognitive Psychology
Biological Psychology and Personality and Individual Differences
Developmental Psychology
Research Methods
Social Science for Sport & Exercise
Physiology for Sport & Exercise
Psychology for Sport & Exercise
Biomechanics for Sport & Exercise
Applied Sport Psychology
<b>Other modules that may be offered, but are subject to change over time:</b>
Biomechanics
Fundamentals of Coaching

Sports Work Placement
Contexts of Sport, Health and Exercise
Coaching and Learning
Language and Education
Evolutionary Psychology
Clinical Psychology
Forensic Psychology
Brain and Behaviour
Contemporary issues in Sport & Exercise Psychology
Advanced Research Methods
Project (which may be in either subject, but must be in Psychology for BPS recognition)

### **Developments in the discipline**

The discipline of psychology is continually evolving, with most new developments coming in experimental and statistical methods. The use of neural imaging techniques is the most significant advancement in understanding the links between brain and behaviour of recent times. However, the core subject disciplines are unlikely to change. Similarly developments in the field of Sport and Exercise, mostly in methodology and practice will be incorporated into the core curriculum without fundamentally changing the structure of the existing modules.