

BSc with Honours in Sport and Psychology – 2018 entry

Duration of programme: 4 years (where students join the programme in year 1)

Award on successful completion: Bachelor of Science with Honours

Accreditation: British Psychological Society – eligibility for Graduate Basis for Chartership

Location of delivery: Abertay University, Bell Street, Dundee

Composition of the programme: 120 SCQF (Scottish Credit and Qualifications Framework) credits in each academic year, delivered in modules of 20 credits each, with 3 modules taken in term 1, and 3 in term 2 each year. In years 1 and 2, students have the opportunity to take modules outside their main subject. The final year includes a 40 credit independent project.

Contact hours and workload: Each academic year typically requires 1200 hours of student effort; on average across the 4 years of this programme, 21% of that time is in lectures, seminars and similar activities; the remainder is independent study.

Assessment methods: Students are assessed by portfolio, reflective logs, case studies, laboratory reports, practical competencies, oral and poster presentations, as well as essays and exam-based assessment.

Additional costs: Sport students have to cover the cost of obtaining membership of the PVG scheme in order to be able to work with children and vulnerable adults (cost £59 for a new application, £19 for renewal). They also have to purchase Abertay branded sports kit for use in practical sessions and placements. The cost of the basic kit is £80. All costs stated are correct at November 2017.

Academic staff: This programme is delivered by staff in the Division of Psychology and in the Division of Sport and Exercise Sciences in the School of Social and Health Sciences. Staff profiles can be viewed at <http://www.abertay.ac.uk/studentlife/schools/shs/staff/>

Core modules in the programme*:
Introductory Psychology 1
Introductory Psychology 2
Cognitive Psychology
Social Psychology
Biological Psychology and Personality and Individual Differences
Developmental Psychology
Research Methods
Advanced Social and Cognitive Psychology
Social Science for Sport & Exercise
Physiology for Sport & Exercise
Psychology for Sport & Exercise
Biomechanics for Sport & Exercise
Applied Sport Psychology
Other modules that may be offered, but are subject to change over time:
Fundamentals of Coaching

Work Placement
Contexts of Sport, Health and Exercise
Practical Strength and Conditioning
Coaching and Learning
Contemporary Issues in Sport and Exercise Psychology
Managing Sports Policy and Development
Physiological Adaptations for Performance
Forensic Psychology
Project (which may be in either subject, but must be in Psychology for BPS recognition)

Developments in the discipline

*The disciplines of psychology and sport and exercise sciences are continually evolving and core modules are correct at the time of writing, but are subject to annual review and may change as a consequence of this. However, due to BPS accreditation, the core subject disciplines in psychology are unlikely to change. In the area of psychology most new developments are coming in experimental and statistical methods. The use of neural imaging techniques is the most significant advancement in understanding the links between brain and behaviour of recent times. The curriculum within all sport and psychology modules is expected to evolve over time. This keeps the curriculum relevant and maintains a real world connection as new policy, practice, employability and professional approaches come to the fore. New developments are readily incorporated into the core curriculum without having to fundamentally change the module structure.