29 February 2016

By email to: [redacted]

Dear [redacted]

I refer to your Freedom of Information request received on 2 February 2016 about mental health services.

I can confirm that the University holds some of the information requested and is releasing this to you where it is held, as explained below.

Your enquiry and the University’s response.

Under the Freedom of Information Act 2000 I seek the following information:

1) For the most recent 60 months held on record, please break down by calendar year and gender:

   The University cannot provide meaningful data by calendar year - both enrolments and budgets are handled on the basis of academic years. As students register for academic years rather than calendar years, to report by calendar year would in any event falsely inflate the numbers.

   a. The total number of students enrolled

   Figures for the total number of students attending the University in each of these years:

      Session 2011/12 - 5003 students (2319 female, 2684 male)
      Session 2012/13 - 4821 students (2284 female, 2537 male)
      Session 2013/14 - 4685 students (2207 female, 2478 male)
      Session 2014/15 - 4151 students (1919 female, 2232 male)
      Session 2015/16 - 4099 students (1930 female, 2169 male)

   b. The number of times students used the university’s mental health services
In 2015/16, 256 students had an appointment, as at 27 January 2016. The Student Counselling Service appointed a Mental Health Advisor in September 2014 (so there are no mental health figures for any previous years: information not held). The figures in red in the above chart are referrals from the University’s Counselling Service to the University’s Mental Health Advisor.

c. The number of times students were referred to external mental health services

<table>
<thead>
<tr>
<th>Gender (%)</th>
<th>2014/15</th>
<th>2013/14</th>
<th>2012/13</th>
<th>2011/12</th>
<th>2010/11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female (%)</td>
<td>52</td>
<td>56</td>
<td>60</td>
<td>63</td>
<td>60</td>
</tr>
<tr>
<td>Male (%)</td>
<td>48</td>
<td>44</td>
<td>34</td>
<td>37</td>
<td>40</td>
</tr>
<tr>
<td>Transgender (%)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
</tbody>
</table>

Numbers are too low to incorporate (so these have been converted to a percentage, as is our normal practice) within the table above, as this may compromise the confidentiality of the clients. The numerical information has been withheld under the exemption for personal data in section 38(1)(b) of the Freedom of Information (Scotland) Act 2002.

2) For the most recent 60 months held on record, please break down by calendar year the amount of money spent on university mental health services

Counselling funding:

- 2015-16 £85,000 Estimated budget for year, as at 27 January 2016.
- 2014-15 £81,468
- 2013-14 £77,062
- 2012-13 £79,913
- 2011-12 £84,821
- 2011-10 £77,213
- 2010-09 £79,217
Please note that the funding for Mental Health is within the Counselling and Mental Health Service budget, and that the two are not separated out.

I would prefer to receive this information electronically, preferably as a data set, eg. as a .CSV or .XLS file, NOT as a PDF.

Some information has been provided in the spreadsheet attached as requested, but please note that the spreadsheet is subject to the notes in this letter, which provides the complete information.

If the decision is made to withhold some of this data using exemptions in the Data Protection Act 1998, please inform me of that fact and cite the exemptions used.

If some parts of this request are easier to answer than others, I would ask that you release the available data as soon as possible.

If you need any clarification then please do not hesitate to contact me. I’d like to remind you that Under Section 16 it is your duty to provide advice and assistance and so I would expect you to contact me if you find this request unmanageable in any way.

I would be grateful if you could confirm in writing that you have received this request, and I look forward to hearing from you within the 20-working day statutory time period.

This concludes the University’s response.

Your right to seek a review of how your information request was managed

If you are not satisfied with our response or our reasoning set-out above, you have 40 working days in which to require a review of our decision. Any such request should be put in writing and should be sent to the University Secretary, Abertay University, at the address provided below. The request should:

(a) detail your request for a review of our decision to be undertaken
(b) describe the nature of your original request
(c) explain the reasons why you are dissatisfied with our response

University Secretary
Abertay University
Bell Street
Dundee
DD1 1HD
Tel (01382) 308016
E-mail: S.Stewart@abertay.ac.uk

If you remain dissatisfied with how your request for information has been dealt with, you also have the right, in terms of section 47 of FOISA and within 6 months, to apply to the Scottish Information Commissioner for a decision as to whether we have handled your request properly.

Information relating to your right to seek review is available from the Scottish Information Commissioner's website:

http://www.itspublicknowledge.info
or by contacting the Scottish Information Commissioner’s Office at the following address:

Scottish Information Commissioner,
Kinburn Castle,
Doubledykes Road, St Andrews,
Fife KY16 9DS

Telephone: 01334 464610
Fax: 01334 464611
E-mail: mailto:enquiries@itspublicknowledge.info
Website: http://www.itspublicknowledge.info

If you are unhappy with the Commissioner’s decision, you also have the right to appeal further to the Court of Session, on a point of law only, under section 56 of FOISA. Please refer to the Commissioner’s website (details above) for further information about your right of appeal to the Court of Session.

Yours sincerely,

FOI Processing
Secretariat
Abertay University

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